

**STUDENT WARNING:** This course syllabus is from a previous semester archive and serves only as a preparatory reference. Please use this syllabus as a reference only until the professor opens the classroom and you have access to the updated course syllabus. Please do NOT purchase any books or start any work based on this syllabus; this syllabus may NOT be the one that your individual instructor uses for a course that has not yet started. If you need to verify course textbooks, please refer to the online course description through your student portal. This syllabus is proprietary material of APUS.

## American Public University System

*The Ultimate Advantage is an Educated Mind*

Department of Sports and Health Sciences  
SPHE417  
Coaching Leadership  
3 Credit Hours  
8 weeks  
Prerequisite(s): None

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### Instructor Information

#### **(Biography)**

**Instructor:**

**Email:**

**Phone:**

**Office Hours:**

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### Course Description (Catalog)

This course will introduce Coaching Leadership on a sports level but show how the leadership can relate to personal, business and everyday successes for individuals. Creating success in the sports arena, a leader has to communicate, in a way, to bring a set of individuals together to accomplish one common

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goal. To be a good leader and coach, one must motivate teamwork and reveal the powerful characteristics of success. Leadership can be universal and used in any walk of life. Coaches are faced with many hurdles to overcome on different levels. The best coaches are able to work through these barriers and develop systems that bring teammates together with a common purpose. Course objectives will be reached by means of selected case studies and focused assignments, reinforced by study of proven coaching leaders.

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### **Course Scope**

This course will be delivered over an 8 week time frame. Through the course students will be able to study from one of the best leaders in sports, Mike Krzyzewski. An in-depth look will be deployed to understand the leadership techniques of forming a team to molding that team into a championship level team to making a tradition and dynasty out of that team. Even though many teams may not reach the dynasty stage it is important to realize what traditions are important to any team or business. Ideas such as complacency and adversity will be studied as well. Furthermore, throughout this class the student will be asked to reflect on how concepts learned can be related to their own life. These concepts can be correlated to any walk of life and career. It is important to remember that life lessons can be learned through sports. This class will be delivered mainly by Coach K's book.. From time to time during group discussion current events and other books will be used.

Each week during the course will focus on 1 or 2 main topics. These topics will be reinforced through four quizzes, weekly discussion topics and a paper. Students will be able to share life experiences with other students during the group discussion. The group discussion will be a tool used to allow all students to interact with other students and the professor.

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### **Course Objectives**

After successfully completing this course, students will fulfill the following **Learning Objectives** (L.O.):

1. Explain the major component involved in the leadership of coaching
2. Analyze the different styles of leadership
3. Identify how coaching leadership skills relate to everyday experiences
4. Identify and evaluate methods to attain "excellence"
5. Identify and evaluate common leadership traits of successful coaches
6. Identify and evaluate coaching techniques that can produce core team values
7. Identify and evaluate ways to establish teamwork
8. Identify and evaluate methods to establish leadership
9. Evaluate the importance of leadership during times of adversity
10. Evaluate methods for dealing with adversity
11. Identify the importance of leadership during times of "renewal"

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### Course Delivery Method

This B.S. in Coaching Leadership course delivered via distance learning will enable students to complete academic work in a flexible manner, completely online. Course materials and access to an online learning management system will be made available to each student. **Online assignments are due by the last day of each week** and include Forum questions (accomplished in groups through a threaded discussion board), quizzes (graded electronically), and individual assignments (submitted for review by the Faculty Member). Assigned faculty will support the students throughout this eight-week course.

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### Course Materials

#### Required Course Textbook:

Book Number	Authors	Book Title	Publication Info	ISBN
SPHE417-0	Krzyzewski, Mike	Leading with the Heart	New York, NY: Warner Books	0-446-67678-0

#### Textbook in APA format:

Krzyzewski, Mike. (2000). *Leading with the Heart: Coach K's Successful Strategies for Basketball, Business, and Life*. New York, NY: Warner Books

#### Additional Resources:

In the Course Materials folder there are additional course articles, and up to date APA handouts.

#### Websites

In addition to the required course texts the following public domain Websites are useful. Please abide by the university's academic honesty policy when using Internet sources as well. Note web site addresses are subject to change.

Site Name	Website URL/Address
Kudda Instructional Videos	<a href="http://www.kudda.com/">http://www.kudda.com/</a>

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Coach K's Official Site	<a href="http://www.coachk.com">http://www.coachk.com</a>
Coach John Wooden's Official Site	<a href="http://www.coachjohnwooden.com/">http://www.coachjohnwooden.com/</a>

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<b>Evaluation Procedures</b>	
<b>Graded Assignment</b>	<b>Points of Final Grade</b>
<b>Week 1 - Introductory Forum</b>	<b>10</b>
- Qualities of Great Coaching	10
- Quiz #1	20
<b>Week 2 –Forum Setting the Standards and Coaching in a Blowout</b>	<b>20</b>
- Assignment #1 Coaching Philosophy	20
<b>Week 3 – Forum Team Chemistry and Playing Time</b>	<b>20</b>
- Assignment #2 Handling the Bench Players	20
<b>Week 4 – Forum Adversity and Dealing with Parents</b>	<b>20</b>
- Quiz #2	20
<b>Week 5 – Forum Pre-Game Speeches and Creating team Leaders</b>	<b>20</b>
- Assignment #3 Mentors	20
<b>Week 6 – Forum Dynasties and Handling Referees</b>	<b>20</b>
- Quiz #3	20
<b>Week 7 - Forum Handling Injuries</b>	<b>10</b>
- Assignment #4 Pearls of Wisdom	20
- Coaching Presentation	100
<b>Week 8 -Forum Coach K Final Thoughts</b>	<b>10</b>
-Quiz #4	20
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<b>Total</b>	<b>400</b>

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## 8 – Week Course Outline

<u>Week</u>	<u>Topic(s)</u>	<u>Learning Objective(s)</u>	<u>Reading(s)</u>	<u>Assignment(s)</u>
1	Introduction to leadership	<u>1, 2, 5, 8</u>	<i>Leading with the Heart</i> by Coach K Chapter 1 Getting Organized pg 3-18 Chapter 2 Building Your Team pg 19-34 Leadership Basics pdf	1) Forum Qualities of Great Coaching & Introduction  2) Quiz #1
2	Discipline and standards of the team	<u>3, 5, 6</u>	Chapter 3, Coach K Chapter 4 Coach K	1) Forum Setting the Standards & Coaching in a Blowout  2) Assignment #1: Your Philosophy
3	Establishing teamwork	<u>2, 6, 7, 8</u>	Chapter 5, Coach K Chapter 6, Coach K	1) Forum Team Chemistry & Playing Time  2) Assignment #2: Handling the Bench Players
4	Dealing with adversity	<u>2, 3, 9, 10</u>	Chapter 7, Coach K	1) Forum Adversity & Dealing with

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			Chapter 10, Coach K	Parents 2) Quiz #2
5	<b>Moving in the right direction and dealing with complacency</b>	<u>2, 5, 7</u>	Chapter 8, Coach K Chapter 9, Coach K	1) Forum Pre-Game Speeches & Creating Team Leaders 2) Assignment #3: Mentor
6	<b>Achieving and dealing with greatness</b>	<u>3, 4, 5</u>	Chapter 11, Coach K Chapter 12, Coach K	1) Forum Dynasties & Handling Referees 2) Quiz #3
7	<b>Starting over again</b>	<u>3, 5, 11,</u>		1) Forum Handling Injuries 2) Presentation Due 3) Assignment #4: Rules of Coaching, Pearls of Wisdom
8	<b>Character and life</b>	<u>3, 5, 6</u>	Chapter 13, Coach K Chapter 14, Coach K Chapter 15, Coach K Chapter 16, Coach K	1) Forum Coach K Final Thoughts 2) Quiz #4

Please see the [Student Handbook](#) to reference the University's grading scale

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## Policies

Please see the [Student Handbook](#) to reference all University policies. Quick links to frequently asked question about policies are listed below.

[Drop/Withdrawal Policy](#)

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[Plagiarism Policy](#)

[Extension Process and Policy](#)

[Disability Accommodations](#)

## WRITING EXPECTATIONS

All written submissions should be submitted in a font and page set-up that is readable and neat. It is recommended that students try to adhere to a consistent format, which is described below.

- Typewritten in double-spaced format with a readable style and font and submitted inside the electronic classroom (unless classroom access is not possible and other arrangements have been approved by the professor).
- Arial 11 or 12-point font or Times New Roman styles.
- Page margins Top, Bottom, Left Side and Right Side = 1 inch, with reasonable accommodation made for special situations and online submission variances.

## CITATION AND REFERENCE STYLE

Attention Please: Students will follow the APA Style Manual, 6<sup>th</sup> Edition as the sole citation and reference style used in written work submitted as part of coursework to the University. Assignments completed in a narrative essay or composition format must follow the citation used in the APA Style Manual, 6<sup>th</sup> Edition.

## LATE ASSIGNMENTS

Students are expected to submit classroom assignments by the posted due date and to complete the course according to the published class schedule. As adults, students, and working professionals I understand you must manage competing demands on your time. Should you need additional time to complete an assignment please contact me before the due date so we can discuss the situation and determine an acceptable resolution. Routine submission of late assignments is unacceptable and may result in points deducted from your final course grade.

## NETIQUETTE

Online universities promote the advance of knowledge through positive and constructive debate--both inside and outside the classroom. Discussions on the Internet, however, can occasionally degenerate into needless insults and "flaming." Such activity and the loss of good manners are not acceptable in a university setting--basic academic rules of good behavior and proper "Netiquette" must persist. Remember that you are in a place for the fun and excitement of learning that does not include descent to personal attacks, or student attempts to stifle the discussion of others.

- **Technology Limitations:** While you should feel free to explore the full-range of creative composition in your formal papers, keep e-mail layouts simple. The Sakai classroom may not fully support MIME or HTML encoded messages, which means that bold face, italics, underlining, and a variety of color-coding or other visual effects will not translate in your e-mail messages.
- **Humor Note:** Despite the best of intentions, jokes and--especially--satire can easily get lost or taken seriously. If you feel the need for humor, you may wish to add "emoticons" to help alert your readers: ;-), :), ☺

## DISCLAIMER STATEMENT

Course content may vary from the outline to meet the needs of this particular group.

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## Academic Services

The Online Library is available to enrolled students and faculty from inside the electronic campus. This is your starting point for access to online books, subscription periodicals, and Web resources that are designed to support your classes and generally not available through search engines on the open Web. In addition, the Online Library provides access to special learning resources, which the University has contracted to assist with your studies. Questions can be directed to [librarian@apus.edu](mailto:librarian@apus.edu).

- **Charles Town Library and Inter Library Loan:** The University maintains a special library with a limited number of supporting volumes, collection of our professors' publication, and services to search and borrow research books and articles from other libraries.
- **Electronic Books:** You can use the online library to uncover and download over 50,000 titles, which have been scanned and made available in electronic format.
- **Electronic Journals:** The University provides access to over 12,000 journals, which are available in electronic form and only through limited subscription services.
- **Turnitin.com:** [Turnitin.com](http://turnitin.com) is a tool to improve student research skills that also detect plagiarism. Turnitin.com provides resources on developing topics and assignments that encourage and guide students in producing papers that are intellectually honest, original in thought, and clear in expression. This tool helps ensure a culture of adherence to the University's standards for intellectual honesty. Turnitin.com also reviews students' papers for matches with Internet materials and with thousands of student papers in its database, and returns an Originality Report to instructors and/or students.
- **Tutor.com** is an award-winning online homework help and learning service that connects students to a certified tutor for one-on-one help. Get help with homework, studying, projects, essay writing, and test prep in every subject, including algebra, statistics, chemistry, physics, social studies, and English. There are thousands of academic and career services resources—worksheets, practice problems, videos in every subject, as well as financial literacy tips. They are available 24/7 so you can access them whenever you need extra help.

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### Request a Library Guide for your course (<http://apus.libguides.com/index.php>)

The AMU/APU Library Guides provide access to collections of trusted sites on the Open Web and licensed resources on the Deep Web. These are specially tailored for academic research at APUS:

- Program Portals contain topical and methodological resources to help launch general research in the degree program. To locate, search by department name or navigate by school.
- Course Lib-Guides narrow the focus to relevant resources for the corresponding course. To locate, search by class code (e.g., SOCI111) or class name.

If a guide you need isn't available yet, let us know by emailing the APUS Library: [librarian@apus.edu](mailto:librarian@apus.edu)



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### Turnitin.com

Faculty may require assignments be submitted to Turnitin.com. Turnitin.com will analyze a paper and report instances of potential plagiarism for the student to edit before submitting it for a grade. In some cases professors may require students to use Turnitin.com. Typically the course professor will establish a Turnitin.com access code for his/her classes. If the code has not been established, those who wish to use Turnitin.com may ask their professor to establish the code.

**Special Note to Faculty:** Please be certain to provide accurate directions and to set up the functionality appropriately.

### Selected Bibliography

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