American Public University System
American Military University | American Public University

PSYC513

Course Summary

Course : PSYC513 **Title :** Deployment Psychology
Length of Course : 8 **Faculty :**
Prerequisites : N/A **Credit Hours :** 3

Description

Course Description:

This course will explore the unique psychology associated with military deployment, both for the person being deployed and their family and loved ones. Military culture, common psychological difficulties such as depression and PTSD, as well as provider self-care and burnout will be discussed.

Course Scope:

This course provides an overview of the primary concepts and theory in deployment psychology with specific attention on understanding the stressors associated with deployment both for the Service member and their family.. The course focuses on the challenges and threats of combat deployment, combat and operational stress control, post-deployment adjustment, and transitioning through the deployment cycle.

Objectives

1. Distinguish the general motivation, mindset and attitude of soldiers.

2. Evaluate the challenges and threats of combat deployments.

3. Apply knowledge of combat and operational stress control (COSC) in terms of traumatic event management and identifying those who need care.

4. Analyze the impact of deployment on the individual's family

5. Analyze the types of mental health interventions employed pre-, during, and post-deployment and articulate the general principles of effective preventive, short-term, and long-term psychiatric interventions.

6. Assess the integration of women into the military.

Outline

Week 1: Introduction and Foundation of Deployment Psychology

Learning Outcomes

- CO1 - Distinguish the general motivation, mindset and attitude of soldiers

- LO1 – Examine the general motivation, mindset, and attitude of soldiers
- LO2 – Understand the seven core Army values, required character and values per military doctrine, and phases of deployment
- LO3 – Explore the role of Positive Psychology in the Military

Required Readings

Required resources for your course are provided in a course eReserve. Please click here (https://apus.libguides.com/er.php), enter your course number in the 'Search for course eReserves' box, click Go, and then select the course when it appears below the search box. Information included in LibAnswers (https://apus.libanswers.com/) provides download and print options for offline reading of Library ebooks.

Assignments

- Week 1 Discussion

Week 2: Challenges and Threats during Deployment

Learning Outcomes

- CO1 - Distinguish the general motivation, mindset and attitude of soldiers.
- CO6 - Assess the integration of women into the military.

- LO1 – Examine the challenges and threats faced during deployment
- LO2 – Understand the integration of women into the military

Required Readings

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Assignments

- Week 2 Discussion
- Women in the Military Paper

Week 3: Combat and Occupational Stress Control

Learning Outcomes

- CO1 - Distinguish the general motivation, mindset and attitude of soldiers.
- CO3 - Apply knowledge of combat and operational stress control (COSC) in terms of traumatic event management and identifying those who need care.

- LO1 – Explore Combat and Occupational stress Control (COSC), Combat and Occupational Stress Response (COSR), and Traumatic Event Management (TEM)

Required Readings

Required resources for your course are provided in a course eReserve. Please click here (https://apus.libguides.com/er.php), enter your course number in the 'Search for course eReserves' box, click Go, and then select the course when it appears below the search box. Information included in LibAnswers

Assignments

- Week 3 Discussion

Week 4: Vulnerability and Resilience

Learning Outcomes

- CO1 - Distinguish the general motivation, mindset and attitude of soldiers.
- CO5 - Analyze the types of mental health interventions employed pre-, during, and post-deployment and articulate the general principles of effective preventive, short-term, and long-term psychiatric interventions.

- LO1 – Explore the stressors associated with military life and deployment
- LO2 - Examine the factors which increase resiliency
- LO3 - Articulate the differences between Acute Stress Disorder and PTSD

Required Readings

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Assignments

- Week 4 Stress and Deployment

Week 5: Reintegration following Deployment

Learning Outcomes

- CO5 - Analyze the types of mental health intervention employed pre-, during, and post-deployment and articulate the general principles of effective preventative, short-term, and long-term psychiatric interventions.
- LO1 – Analyze the readjustment from a combat environment to a non-combat environment
- LO2 – Explore theoretical perspectives on hypervigilance

Required Readings

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Assignments

- Week 5 Discussion

Week 6: Children and Deployment

Learning Outcomes

- CO1 - Distinguish the motiation, mindset and attitude soldiers.
- CO4 - Analyze the impact of deployment on the Service members child.

- LO1 – Analyze the readjustment from a combat environment to a non-combat environment
- LO2 – Explore theoretical perspectives on hypervigilance

Required Readings

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Assignments

- Week 6 Discussion

Week 7: Significant Others and Deployment

Learning Outcomes

- CO1 - Distinguish the general motivation, mindset and attitude of soldiers.
- CO4 - Analyze the impact of deployment on the individuals' family.
- LO1 – Analyze stressors associated with relationship functioning

Required Readings

Required resources for your course are provided in a course eReserve. Please click here (https://apus.libguides.com/er.php), enter your course number in the 'Search for course eReserves' box, click Go, and then select the course when it appears below the search box. Information included in LibAnswers (https://apus.libanswers.com/) provides download and print options for offline reading of Library ebooks.

Assignments

- Week 7 Spouse/Significant Other Paper

Week 8: Reflection on Learning

Learning Outcomes

- CO1 - Distinguish the general motivation, mindset and attitude of soldiers.
- LO1 – Demonstrate mastery of course concepts and objectives through

Required Readings

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Assignments

- Week 8 Discussion

Evaluation

Discussions: Discussions scheduled during Weeks 1, 2, 3, 5, 6, and 8 of the course. Instructions are located on the classroom Discussions link.

Weekly Assignments. Assignments are required during weeks 2, 4, and 7 of the course. Instructions are in the Assignments link.

Grading:

Name	Grade %
Discussions	32.00 %
Week 1: Introductions	5.33 %
Week 2: Challenges and Threats during Deployment	5.33 %
Week 3: Combat and Operational Stress Control	5.33 %
Week 5: Reintegration following Deployment	5.33 %
Week 6: Children and Deployment	5.33 %
Week 8: Reflections	5.33 %
Assignments	68.00 %
Week 2 Women in the Military Paper	22.67 %
Week 4 Stress and Deployment	22.67 %
Week 7 Spouse Significant Other Paper	22.67 %

Materials

Book Title: Living and Surviving in Harm's Way: A psychological treatment handbook for pre- and post-deployment of military personnel - e-book available in the APUS Online Library

Author: Sharon Morgillo Freeman, Bret A Moore, Arthur Freeman

Publication Info: Routledge Lib

ISBN: 9781138872912

Book Title: Various resources from the APUS Library & the Open Web are used. Please visit http://apus.libguides.com/er.php to locate the course eReserve.

Author:

Publication Info:

ISBN: ERESERVE NOTE

Course Guidelines

Citation and Reference Style

- Students will follow APA format as the sole citation and reference style used in written assignments submitted as part of coursework in the Psychology Department.
- Please note that no formal citation style is graded on forum assignments in the School of Arts & Humanities—only attribution of sources (please see details regarding forum communication below).

Tutoring

Tutor.com offers online homework help and learning resources by connecting students to certified tutors for one-on-one help. AMU and APU students are eligible for 10 free hours of tutoring provided by APUS. Tutors are available 24/7 unless otherwise noted. Tutor.com also has a SkillCenter Resource Library offering educational resources, worksheets, videos, websites and career help. Accessing these resources does not count against tutoring hours and is also available 24/7. Please visit the APUS Library and search for 'Tutor' to create an account.

School of Arts & Humanities Late Policy

Students are expected to submit classroom assignments by the posted due date and to complete the course according to the published class schedule. As adults, students, and working professionals, we understand you must manage competing demands on your time. Should you need additional time to complete an assignment, please contact your instructor before the due date so you can discuss the situation and determine an acceptable resolution.

Work posted or submitted after the assignment due date will be reduced by 10% of the potential total score possible for each day late up to a total of five days, including forum posts/replies, quizzes/tests, and assignments. Beginning on the sixth day late through the end of the course, late work, including forum posts/replies, quizzes/tests, and assignments, will be accepted with a grade reduction of 50% of the potential total score earned.

Turn It In

Assignments are automatically submitted to Turnitin.com within the course. Turnitin.com will analyze an assignment submission and report a similarity score. Your assignment submission is automatically processed through the assignments area of the course when you submit your work.

Academic Dishonesty

Academic Dishonesty incorporates more than plagiarism, which is using the work of others without citation. Academic dishonesty includes any use of content purchased or retrieved from web services such as CourseHero.com or Scribd. Additionally, allowing your work to be placed on such web services is academic dishonesty, as it is enabling the dishonesty of others. The copy and pasting of content from any web page, without citation as a direct quote, is academic dishonesty. When in doubt, do not copy/paste, and always cite.

Submission Guidelines

Some assignments may have very specific requirements for formatting (such as font, margins, etc.) and submission file type (such as .docx, .pdf, etc.). See the assignment instructions for details. In general, standard file types such as those associated with Microsoft Office are preferred, unless otherwise specified.

It is the student's responsibility to ensure the all submitted work can be accessed and opened by the instructor.

Disclaimer Statement

Course content may vary from the outline to meet the needs of a particular group or class.

Communicating on the Forum

- Forums are the heart of the interaction in this course. The more engaged and lively the exchanges, the more interesting and fun the course will be. Only substantive comments will receive credit. Although there is a final posting day/time after which the instructor will grade and provide feedback, you are strongly discouraged from waiting until the due date to contribute your comments/questions on the forum. The purpose of the forums is to actively participate in an on-going discussion about the assigned content.

- "Substantive" means comments that contribute something new and important to the discussion. Thus a message that simply says "I agree", even if wordy and thus, meets the length requirement, is not substantive. A substantive comment contributes a new idea or perspective, a good follow-up question to a point made, offers a response to a question, provides an example or illustration of a key point, points out an inconsistency in an argument, etc.
- As a class, if we run into conflicting view points, we must respect each other as colleagues. Hateful, aggressive, or hurtful comments towards other individuals, students, groups, peoples, and/or societies will not be tolerated.
- Students must post a response to the weekly forums prompt and post the required number of replies to other students – refer to the grading rubric and/or forum instructions for specific expectations on number of replies and word count requirements.

Quizzes and Exams

Quizzes and exams may consist of true/false, multiple choice, and short essay questions. Each quiz/exam is accessible only once. Once a quiz/exam is accessed, you will not be able to access it again if you disconnect. Therefore, allocate time to complete your assessments.

University Policies

Student Handbook

- Drop/Withdrawal policy
- Extension Requests
- Academic Probation
- Appeals
- Disability Accommodations

The mission of American Public University System is to provide high quality higher education with emphasis on educating the nation's military and public service communities by offering respected, relevant, accessible, affordable, and student-focused online programs that prepare students for service and leadership in a diverse, global society.